

# Cost of dealing with bone fractures could plunge with wider use of Calcium + vitamin D supplements

Researchers from Frost & Sullivan examined the economic burden of addressing osteoporosis-attributed bone fractures among the 27.8 million over-55s in the EU with osteoporosis. This study is the second in-depth analysis commissioned by Food Supplements Europe to examine the positive impact of supplementation on EU healthcare costs.

17.6%  
of people aged 55 +  
in the EU living  
with osteoporosis

1.24m  
related fractures  
occurring  
every year

cost of  
dealing with these fractures  
€26.4bn/year  
€21,231 / event



Reduction of risk of  
osteoporosis-attributed fractures  
by regular consumption of  
1000 mg Calcium + 15 mcg Vitamin D

-15%

19.8  
billion

Total savings generated in  
the EU over 5 years through regular use of  
Calcium + Vitamin D supplements  
(equivalent to € 3.96 bn per annum)

186,690

osteoporosis-attributed bone fractures  
preventable every year

